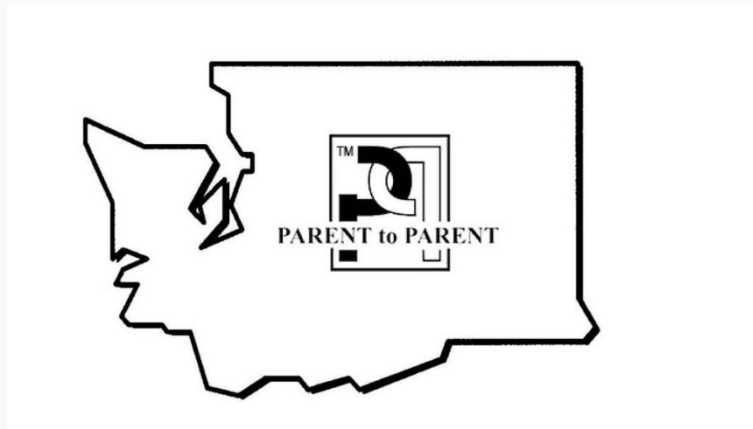


[View this email in your browser](#)



[Connections](#)

[Issue: July 2021](#)

Contacts:

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Media Outreach: Ruth Lunderville rlunderville@michs.org

Adams County Hispanic Outreach Adams County:

Anna Alvarez Habla' Espanol Anna (509)346-5523

Office: (509)764-7424



Upcoming Events



BUBBLES!

Enjoy the sunshine and the summer with your kiddos with our Bubble Making Kit!



Sign your child up by **July 6th** and pick it up between **4-6pm on July 8th!**



For more information on any of our upcoming events, please email Ruth Lunderville at rlunderville@mlchc.org
Thanks!

ICE CREAM



WHO DOESN'T LOVE ICE CREAM? YOU PROVIDE THE ICE CREAM, WE PROVIDE THE TOPPINGS AND A FUN SUMMER CRAFT!

SIGN UP BY **AUGUST 10TH** AND PICK UP BETWEEN **4-6 ON THE 12TH!**



Kindering empowers children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar.

KINDERING



WA STATE FATHERS NETWORK MONTHLY WEBINARS

Cost: Free

Time: 6:30-7:30 p.m.

Location: Virtual - A confirmation with a Zoom link will be sent to you after registering

Men, Women and All Couples Are Welcome

All Sessions Will Be Recorded

SESSION SCHEDULE

- **June 8** Introduction to Housing Options
- **July 6** An Introduction to the Office of the Education Ombuds and Resources for Parental Advocacy
- **August 3** Helping Our Children Develop Meaningful Relationships
- **September 7** Financial Strategies
- **October 6** Special Education: 10 Tips for Advocating for Your Child
- **November 2** Maintaining Relationship Resilience While Parenting a Child with Special Needs
- **December 7** Guardianships and Trusts

Register for one or more sessions. The Registration page contains links to the session descriptions and information about the presenters.

[REGISTER](#)

PELLERIN | MITCHELL | RABINOVITZ | BERTON
WWW.KINDERING.ORG | (206) 747-4004



[Informing Families](#)

Get Moving This Summer

CAMP WITHOUT BORDERS

[Camp Without Borders](#), a free travel program for young adults (18 to 35 years old) with medical illnesses and disabilities. This inclusive program addresses issues of social, emotional and physical isolation.

ROLLING WASHINGTON

If you like a peaceful, flat 1-2 miles of beautiful trail or urban walkway, this site might be for you! Maybe you're with a toddler or a person who just needs a short, flat walk. Maybe you're taking a stroller. Or a walker. Or a cane. Maybe you have other reasons you need flat trails. Whatever your body needs, [Rolling Washington](#) can point the way for much of Western Washington (from the Peninsula, Whidbey Island and down to South King County).

SPIRIT CLUB

Hosted by The Arc of King County every Friday at 2:00, Spirit Club offers a free virtual exercise class for people of all abilities. Multiple Trainers. No equipment needed. A fantastic workout for the whole family. [Join a class](#).

For questions, [send an email](#). Note: The first session of each month the class will be in Spanish. It is still accessible to non-Spanish speakers because you're mostly just following the moves of the trainers, but the class will be led in Spanish.

WONDERS ON WHEELS

[WOW \(Wonders on Wheels\)](#), a virtual fitness program for wheelchair users. Cost ranges from \$5 per class to \$25 for one month.

35 WAYS TO MOVE YOUR BODY THIS SUMMER

[35 Ways to Move Your Body This Summer](#), published by Seattle Children's, offers easy ideas for summer fun.

[Local Support Groups](#)

Autism Society of WA Grant Co. Chapter

Please call Brian or Laura Jacobsen at
509-717-0076 for more information.

grant@autismsocietyofwa.org

Down Syndrome Society of Grant County

For more information check out their website at www.DSSGC.org
email: cbuddywalk@gmail.com or call Kerry Aronsohn at 509-855-2152



PAVE

Evaluations Part 1: Where to Start When a Student Needs Special Help at School

If a student is having a hard time at school and has a known or suspected disability, the school evaluates to see if the student qualifies for special education. If eligible, the student receives an Individualized Education Program (IEP).

Local Meetings

Please contact the provider for current meeting times due to COVID-19.

Parent to Parent

Café Chat meets every Thursday at Chavurat Teleiotes
607 West 3rd Ave, Moses Lake, WA
We meet in the banquet room from 11:00 to 1:30pm.

PAVE Associates

Meets second Thursday of the month at 12:00, no host lunch or snacks.

Chavurat Teleiotes conference room

607 West 3rd Ave, Moses Lake, WA

Inter-agency Coordinating Councils

Grant County

Meets monthly via Zoom

For more information please contact

664-3781

Adams County

Meets bi-annually, for more information please contact

Columbia Basin Health

Association at:

509-488-5255

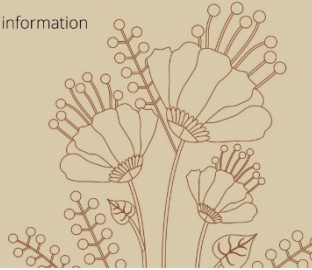
As Special Needs Parents we don't have the
power to make life "fair,"
but we do have the power to make life joyful



A Very Special Needs Resource

WEBSITES & RESOURCES

Places to visit for information



Washington State Governors Office of the Education Ombudsman

Office of Superintendent of Public Instruction (OSPI)

Center for Children with Special Healthcare Needs

The Individuals With Disabilities Act (IDEA)

Developmental Disabilities Administration

John Lunderville Memorial Foundation

Department of Early Learning (ESIT)

Washington State Parent to Parent

Washington State Fathers Network

Social Security Administration (SSI)

Special Olympics Washington

Informing Families

Wishing Star

The Parent to Parent Support Programs provide emotional support, education and information to families of children with special needs and/or disabilities.

Personal support from another parent, who has a child with similar needs, can be helpful in coping with many challenging experiences and feelings. Helping parent volunteers have completed a training program and are available to provide support and information to other parents. All information will be kept confidential. There is no cost for this service.



Moses Lake Community Health Center is the Grant/Adams Parent to Parent lead agency.

(you do not have to be a patient of Moses Lake Community Health Center to use

Parent to Parent services, they are open to all in our communities)

Moses Lake Community Health Center is committed to providing high quality, compassionate and comprehensive primary health services for the entire family, with a special focus on the underserved and migrant farm worker in our community.

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Our mailing address is:

605 Coolidge St.
Moses Lake, WA 98837