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Crosscut

Almost six months after House Bill 1874 passed, parents, doctors and teens are applauding the bill for integrating care into the family.

by Emily McCarty

For more than two decades, Washington state has allowed adolescents age 13 and up to get mental health services without a parent’s consent. Now lawmakers have changed state law to restore some authority to parents, who have begged for more involvement in their children’s mental health care. Parents and guardians are celebrating House Bill 1874, which went into effect in July. Until the new law, parents often were shut out of their teenager’s care and treatment plans and couldn’t push a teen toward necessary outpatient or inpatient care without their consent.

The primary advocate to push the new law forward was Peggy Dolane, a parent of two children with mental health needs: her 18-year-old daughter and 20-year-old son. In 2016, she approached Washington state legislators to instigate change around the old 1985 bill and was joined by multiple families concerned about their children’s mental health care.

To read more of the article, please click on the link: https://crosscut.com/2020/01/it-affects-entire-family-washington-parents-now-work-alongside-teens-mental-health-recovery

Book Club

Book Club meets the Second Monday every month at 6pm at Michael’s Market & Bistro in Moses Lake. Our selection this month is I Thought It Was Just Me (But It Isn’t) by Brene Brown. It is available via Kindle, Audible, the library and we have a limited number of copies.

Please contact Ruth Lunderville at rlunderville@mlchc.org if you have any questions.

The Parent to Parent Support Programs provide emotional support, education and information to families of children with special needs and/or disabilities.
**Local Meetings**

<table>
<thead>
<tr>
<th>Parent to Parent</th>
<th>PAVE Associates</th>
<th>Interagency Coordinating Councils</th>
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<tbody>
<tr>
<td>Café Chat</td>
<td>Meets second Thursday of the month at 12:00, no host lunch or snacks.</td>
<td>Grant County</td>
</tr>
<tr>
<td>Meets every Thursday at Red Door Café</td>
<td>Red Door Café banquet room.</td>
<td>Meets monthly at Grant Integrated Services, 840 E. Plum St, Moses Lake. For more information please contact 664-3781</td>
</tr>
<tr>
<td>206 West 3rd Ave, Moses Lake, WA</td>
<td>206 West 3rd Ave, Moses Lake, WA</td>
<td>Adams County</td>
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<tr>
<td>We meet in the banquet room from 11:00 to</td>
<td></td>
<td>Meets bi-annually, for more information please contact Columbia Basin Health Association at 488-5255</td>
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**Informing Families**

**Emergency 101: PRACTICE! PRACTICE! PRACTICE!** By Whitney Stohr

DO YOU REMEMBER WAY BACK IN GRADE SCHOOL WHEN YOUR CLASS VISITED THE LOCAL FIRE DEPARTMENT AND WERE GIVEN “THE TALK”? No, not that talk.

The talk about how important it is for families to prepare for house fires and other disasters. The talk about safe routes out of the house, evacuation, designating a meeting location, and, also, the importance of actually practicing as a family your retreat from your burning home. As a practical matter, it makes a lot of sense. Planning for emergencies and identifying the best routes for escape ensures that every family member knows what to do in case of a real-life emergency. But, still, the question I have is this: Did anyone go home and create that type of plan as a family? And, for those who did, did your family actually practice it? My family didn’t.

Our emergency “evacuation plan,” if you can even call it that, was: “Get out of the house. Fast.” Simple enough, right? Maybe. As long as no one in the family has a disability that limits mobility or requires medical equipment or special medications of any kind.

For more information, please click on the link: [informingfamilies.org/emergency-prep-stohr/](https://informingfamilies.org/emergency-prep-stohr/)

**Local Support Groups**

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<thead>
<tr>
<th>Autism Society of WA Grant Co. Chapter</th>
<th>Down Syndrome Society of Grant County</th>
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<tbody>
<tr>
<td>Please call Brian or Laura Jacobsen at 509-717-0076 for more information.</td>
<td>For more information check out their website at <a href="http://www.DSSGC.org">www.DSSGC.org</a>, email: <a href="mailto:cbuddywalk@gmail.com">cbuddywalk@gmail.com</a> or call Kerry Aronsohn at 509-855-2152</td>
</tr>
<tr>
<td><a href="mailto:grant@autismsocietyofwa.org">grant@autismsocietyofwa.org</a></td>
<td></td>
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Families United for a Better Future

A bilingual conference for families and others caring for children, including children with special needs and/or developmental disabilities

Saturday, March 14, 2020
8:00 am - 3:00 pm
(Doors open at 7:30 am)
Sunnyside High School
1801 E. Edison, Sunnyside, Washington

Presentations on the following topics:

- Autism
- PAVE – Special Education Advocacy
- Suicide Prevention and Mental Health CARE
- Developmental Disabilities Administration (DDA)
- Department of Vocational Rehabilitation (DVR)
- Northwest Justice Project
- Managing Challenging Behavior
- Early Childhood Transition (from 0-3 to preschool)
- Trauma Informed Practices
- Wordless Books and the Joy of Reading at Home
- And more!

Special Guest: Glenna Gallo, Assistant Superintendent of Special Education, Washington State Office of the Superintendent of Public Instruction (OSPI)

Conference Partners:
- Developmental Disabilities Administration
- PAVE
- Inspire Development Centers
- Yakima County Parent to Parent
- Astria Health of Sunnyside
- Sunnyside School District
- Department of Vocational Rehabilitation

To register, please go to this link:
https://familiesunited-2020.eventbrite.com

Pre-registration required

No Childcare Provided
(Please arrange for the care of your children)

For assistance, please call the number listed on the registration link.
Children With Special Needs Resource Websites

**Children with Special Health Care Needs**  
[www.cshcn.org](http://www.cshcn.org)

**Department of Early Learning (ESIT)**  
[dcyf.wa.gov](http://dcyf.wa.gov)

**The Individuals With Disabilities Act (IDEA)**  
[www.ed.gov\idea](http://www.ed.gov\idea)

**Office of Superintendent of Public Instruction (OSPI)**  
[www.k12.wa.us](http://www.k12.wa.us)

**Washington State Governors Office of the Education Ombudsman**  
[Oeo.wa.gov](http://Oeo.wa.gov)

**Washington State Parent to Parent**  
[www.arcwa.org](http://www.arcwa.org)

**Washington State Fathers Network**  

**Social Security Administration (SSI)**  
[www.ssa.gov](http://www.ssa.gov)

**Developmental Disabilities Administration**  
[www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda)

**Informing Families**  
[www.informingfamilies.org](http://www.informingfamilies.org)

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**Moses Lake Community Health Center**

Moses Lake Community Health Center is the Grant/Adams Parent to Parent lead agency. (you do not have to be a patient of Moses Lake Community Health Center to use Parent to Parent services, they are open to all in our communities)

Moses Lake Community Health Center is committed to providing high quality, compassionate and comprehensive primary health services for the entire family, with a special focus on the underserved and migrant farm worker in our community.

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**The INCLUSIVE EDUCATION CONFERENCE**

**KEYNOTE SPEAKER | DR. PAULA KLUTH**

"Don't We Already Do Inclusion?": Creating Schools for All

**TOPICS Addressed**

UDL (UNIVERSAL DESIGN FOR LEARNING) | JOYFUL AND ACTIVE LEARNING  
"TEACHING UP“ | COLLABORATION AND ROLE SHARING

The activities, examples, and illustrations in this session are designed to help participants refine their vision and their skills when it comes to inclusion. In this high energy workshop, Dr. Kluth will discuss what inclusion should look like today and share relevant research, classroom examples, and illustrations of powerful practices. Come and learn tried and true techniques as well as some out-of-the-box solutions.

**TICKET PRICES**

Early Registration (Until 3/15/20)  
$30 Parents & Self Advocate Students  
$40 College Students & Paraprofessionals  
$50 General & Special Education Teachers, Administrators & All Other School Staff  
*Prices increase $10 after March 15th

**APRIL 25, 2020**  
8:30 AM - 4:00 PM  
Doors will open at 7:30 AM for check-in, coffee and pastries.

Spokane Valley Event Center  
10514 E Sprague Ave

REGISTER TODAY AT WWW.ARC-SPokane.ORG  
For more information, contact: Shelley Gacusana | sgacusana@arc-spokane.org